**Workbook:** Keeping CPD records

**CPD activity record template**

**Activity:** **Date:**

**Subject:**

|  |  |
| --- | --- |
| **Learning with others:** | **Learning by oneself:** |
|  |  |

**Location:**

**Relevance to practice**

**What was the activity?**

**What was the impact/significance of the activity?**

**How has/will the activity contribute to your practice?**

**Which themes of the Osteopathic Practice Standards have you considered in relation to the case/activity?**

1. **Communication and patient partnership**

For example; communication skills, values, consent, capacity, supporting patients in caring for themselves

1. **Knowledge, skills and performance**

Anything which enhances the knowledge and skills you need to work as an osteopath, reflective practice, acting on feedback

1. **Safety and quality in practice**

Evaluation and diagnosis, some aspects of communication, record keeping, safeguarding

1. **Professionalism**

Understanding contributions of other healthcare professionals, analysis of data and production of reports, equality and diversity, confidentiality, managing complaints, supporting colleagues, health and safety, maintaining boundaries with patients

**Any additional thoughts or comments?**