



Peer Discussion Review decision tree

Q1: What matters to you when choosing a peer for Peer Discussion Review?

Consider your priorities:

- The ability to build trust with your peer, feeling confident to discuss your practice and CPD
- A context where uncertainty or mistakes are regarded as an opportunity for learning/a peer who is an equal rather than feeling judged
- Someone who practices like you (eg, with a structural or a cranial approach)
- Someone who practices in a different way to you to gain a different perspective and perhaps some challenge

Q2: Do you want a peer who is known to you?

Yes

Consider your networks:

- Other health professionals who you work with
- Fellow alumni from your college
- Principals or associates in your practice
- Osteopaths you have met on CPD courses – if they are not local to you, you could use Skype or a phone call to carry out the Peer Discussion Review

No

Consider identifying a peer through:

- Osteopathic educational providers
- Regional groups
- Institute of Osteopathy

Q3: How will you work with your peer?

Consider:

- How will you agree your peer?
- How will you work together?
- Will you do a practice run at the beginning of the process? Will you leave it all to the end of the three years?