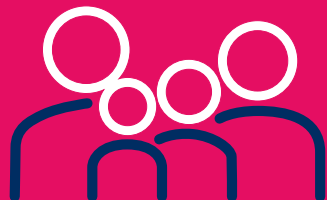


The features of the CPD scheme

Communication and consent

Do at least one CPD activity in this area. This should include reviewing the relevant OPS guidance and showing how this has informed your learning and been applied in practice. Doing an activity in communication and consent will help you to demonstrate how your CPD benefits patients.



More resources

A wide range of resources is available at cpd.osteopathy.org.uk to support you and help you to learn about, participate in and complete the CPD scheme. You will also find a CPD Diary on the **o** zone where you can record details of your CPD activities.

You can email: newcpd@osteopathy.org.uk or call us on **020 7357 6655 x242** if you have a query.

Range of practice

Your CPD should cover the breadth of your practice and all four themes of the Osteopathic Practice Standards:

- A. Communication and patient partnership
- B. Knowledge, skills and performance
- C. Safety and quality in practice
- D. Professionalism



Peer Discussion Review

You need to complete a structured conversation towards the end of your three-year cycle with an osteopath or other health professional to confirm that you have completed all the scheme's elements.



Keeping CPD records

You need to keep a record of your CPD that shows you have completed a three-year cycle of 90 hours. This must include a minimum of 45 hours of 'learning with others' and include all the required elements of the scheme.



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Pocket guide to the CPD scheme

Objective activity

Include at least one objective activity that informs your practice and your CPD.

This is where you seek external objective feedback, and analyse and reflect on it to show how it has informed your practice. Types of objective activity include case-based discussion, patient feedback, clinical audit and peer observation.



What counts as CPD?

- discussion of CPD and practice with a colleague
- courses, seminars or practical sessions
- elearning
- reading, research or individual study
- Peer Discussion Review
- mentoring
- any learning that can advance practice.

Check out the CPD microsite

Remember to visit the GOsC's CPD microsite which is packed with useful resources, information and guidance to help you with the new CPD scheme.

cpd.osteopathy.org.uk

Useful links

Find out all you need to know about the scheme at cpd.osteopathy.org.uk

- Full details about the scheme at cpd.osteopathy.org.uk/cpd-guidance
- A range of workbooks at cpd.osteopathy.org.uk/workbooks
- Full details about the Peer Discussion Review at cpd.osteopathy.org.uk/pdr-guidance
- Read the updated Osteopathic Practice Standards online at standards.osteopathy.org.uk