



**Continuing  
Professional  
Development**  
for Osteopaths

**OBJECTIVE  
ACTIVITY**

# Information about the CARE Measure

## Information about the Care Measure

Text from [www.caremeasure.org](http://www.caremeasure.org)

The Consultation and Relational Empathy (CARE) Measure is a person-centred process measure that was developed and [researched](#) at the Departments of General Practice in Glasgow University and Edinburgh University. The CARE Measure is a quick (only 10 questions), clear and easy to complete patient-completed questionnaire. It measures empathy in the context of the therapeutic relationship during a one-on-one consultation between a clinician and a patient. Originally developed and rigorously tested for use by GPs, it has since been successfully used by other health professionals.

This site has been developed by the [Nursing Midwifery and Allied Health Professions Research Unit](#) at the University of Stirling to enable practitioners to collect and use CARE Measure data, allowing them to receive feedback on how empathic they are in therapeutic consultations. As part of the feedback given by this website, practitioners are able to compare their performance with their peers. No patient identifiable information is inputted to the site. Professional demographic questions are required to support us with our analysis, but individual feedback is only available to the individual registered user. All data is stored on our secure database to enable us to provide a dynamic and growing dataset of CARE Measure data to allow us to provide you with up to date comparisons and information.

More information about the CARE Measure - including a downloadable pdf copy of the CARE Measure - is available [here](#). Information on how to use the CARE measure and this website can be found [here](#). If you wish to enter CARE Measure data to receive feedback on your performance you first have to register and then log in. You can do this using the tabs above.

The CARE measure can be used free of charge. The Intellectual Property rights rest with the Scottish Government. The measure may not be used on a commercial basis without the consent of [Prof Stewart Mercer](#) and the [Scottish Government Chief Scientist Office](#), on behalf of the Scottish Ministers.