



# Open University

## Open Learn

The Open University's Open Learn section is available at: <http://www.open.edu/openlearn/> and has a number of resources and free online short courses, which may appeal to osteopaths, such as 'Issues in alternative and complementary medicine' (<http://www.open.edu/openlearn/health-sports-psychology/health/health-studies/issues-complementary-and-alternative-medicine/content-section-3.8>). This touches on some key aspects regarding consent, communication and ethical practice, and which could provide the basis for reflection, or group discussion amongst osteopaths. The content is freely available, but individuals can enrol on the course itself.

The course; 'Understanding narratives in healthcare', (<http://www.open.edu/openlearn/health-sports-psychology/health/understanding-narratives-health-care/content-section-1>) might also provide some insight into the concept of patient 'narratives', and the meanings they ascribe to health issues. This could enhance an osteopaths understanding of communication issues, and potentially have a positive effect on patients' experiences.

